# RELATION BETWEEN AREA AND VOLUME FOR $\lambda$-CONVEX SETS IN HADAMARD MANIFOLDS 

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#### Abstract

It is known that for a sequence $\left\{\Omega_{t}\right\}$ of convex sets expanding over the whole hyperbolic space $\mathbb{H}^{n+1}$ the limit of the quotient $\operatorname{vol}\left(\Omega_{t}\right) / \operatorname{vol}\left(\partial \Omega_{t}\right)$ is less or equal than $1 / n$, and exactly $1 / n$ when the sets considered are convex with respect to horocycles. When convexity is with respect to equidistant lines, i.e. curves with constant geodesic curvature $\lambda$ less than one, the above limit has $\lambda / n$ as lower bound. Looking how the boundary bends, in this paper we give bounds of the above quotient for a compact $\lambda$-convex domain in a complete simply-connected manifold of negative and bounded sectional curvature, a Hadamard manifold. Then we see that the limit of $\operatorname{vol}\left(\Omega_{t}\right) / \operatorname{vol}\left(\partial \Omega_{t}\right)$ for sequences of $\lambda$-convex domains expanding over the whole space lies between the values $\lambda / n k_{2}^{2}$ and $1 / n k_{1}$.


## 1. Introduction

When we consider a circumference passing through a point in the hyperbolic space $\mathbb{H}^{n+1}$ and make the center of it to go to infinity, the resulting curve is called an horocycle. This curve is characterized by having geodesic curvature equal $\pm 1$. Given two points in $\mathbb{H}^{n+1}$ there is a family of horocycles joining them. We say that a set is $h$-convex if for every couple of points in it, every horocycle joining them is completely contained in the set.

In 1972 Santaló and Yañez ([SYn72]) proved the following result. Let $\{\Omega(t)\}_{t \in \mathbb{R}}$ be a family of compact $h$-convex domains in $\mathbb{H}^{2}$ expanding over the whole space. Then

$$
\begin{equation*}
\lim _{t \rightarrow \infty} \frac{\operatorname{area}(\Omega(t))}{\operatorname{length}(\partial \Omega(t))}=1 \tag{1}
\end{equation*}
$$

For $\mathbb{H}^{n+1}$ it was proven in [BM99] the generalization of this result. Let $\{\Omega(t)\}_{t \in \mathbb{R}}$ be a family of compact $h$-convex domains expanding over the

[^0]whole space, then
$$
\lim _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))}=\frac{1}{n}
$$

On the other hand, the following linear isoperimetric inequality holds for a domain $\Omega$ in a complete simply-connected manifold with negative least upper bound $K$ of the sectional curvatures (cf. [Yau75])

$$
n \sqrt{-K} \operatorname{vol}(\Omega) \leq \operatorname{vol}(\partial \Omega)
$$

This give us an upper bound for the quotient of volumes, $\operatorname{vol}(\Omega) / \operatorname{vol}(\partial \Omega) \leq$ $1 / n \sqrt{-K}$.

An $h$-convex domain in a simply connected riemannian space $M$ of nonpositive curvature is a domain $\Omega \subset M$ with boundary $\partial \Omega$ such that, for every $p \in \partial \Omega$, there is a horosphere $\mathcal{H}$ of $M$ through $p$ such that $\Omega$ is locally contained in the horoball of $M$ bounded by $\mathcal{H}$. When $M$ is a Lobachevsky space, then this definition is equivalent to the above definition.

For simply-connected riemannian manifolds with sectional curvature satisfying $-k_{2}^{2} \leq K \leq-k_{1}^{2}$ it was proved in [BV99] that

$$
\begin{equation*}
\frac{1}{n k_{2}} \leq \liminf _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leq \limsup _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leq \frac{1}{n k_{1}} \tag{2}
\end{equation*}
$$

where $\Omega(t)$ are $h$-convex bodies expanding over the whole space.
In [GR85] it was shown that equation (1) is not true for general convex sets. This limit can take, in the hyperbolic plane, any value between 0 and 1. Since horocycles are curves of geodesic curvature $\pm 1$ and geodesics are curves of geodesic curvature 0 , they can be considered as particular cases of curves of constant geodesic curvature $\lambda, 0 \leq|\lambda| \leq 1$.

Thus if convexity is defined with respect to horocycles this limit is 1 and when convexity is defined with respect to geodesics the limit of the quotient area $(\Omega(t)) /$ length $(\Omega(t))$ is less or equal than 1 . In [BM99] it was introduced the notion of $\lambda$-convexity and the question of the influence of $\lambda$ in this limit was posed. When convexity is defined with respect $\lambda$-geodesic curves it was proved in [GR99] that for each $\alpha \in[\lambda, 1]$, there exists a sequence of $\lambda$-convex polygons $\left\{K_{n}\right\}$ expanding over the whole hyperbolic plane such that

$$
\lim _{t \rightarrow \infty} \frac{\operatorname{area}(\Omega(t))}{\operatorname{length}(\Omega(t))}=\alpha
$$

and if the sequence is formed by $\lambda$-convex sets with piecewise $C^{2}$ boundary, then the limsup and liminf of these ratios lie between $\lambda$ and 1. For Lobachevsky space $\mathbb{H}^{n+1}$ it was proved in [BV99] that

$$
\frac{\lambda}{n} \leq \liminf _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leq \limsup _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leq \frac{1}{n}
$$

for a family $\{\Omega(t)\}_{t \in \mathbb{R}^{+}}$of $\lambda$-convex domains expanding over the whole space.

It is possible to generalize in a natural way the notion of $\lambda$-convexity for riemannian manifolds. A domain $\Omega$ with regular boundary is $\lambda$-convex when all the normal curvatures are bounded below by $\lambda$ (see section 2 for a precise definition). The main result of this work is

Theorem 2. Let $M$ be a $n+1$ )-dimensional Hadamard manifold with sectional curvature $K$ such that

$$
-k_{2}^{2} \leq K \leq-k_{1}^{2} \quad k_{1}, k_{2}>0 .
$$

Let $\Omega$ be a compact $\lambda$-convex domain in $M$ with $\lambda \leq k_{2}$. Then there are functions $\alpha(r)$ of the inradius and $\beta(R)$ of the circumradius such that $\alpha(r) \rightarrow 1 /\left(n k_{2}\right)$ and $\beta(R) \rightarrow 1 /\left(n k_{1}\right)$ when $r$ and $R$ grow to infinity and that

$$
\alpha(r) \frac{\lambda}{k_{2}} \leq \frac{\operatorname{vol}(\Omega)}{\operatorname{vol}(\partial \Omega)} \leq \beta(R) .
$$

As a consequence we see that
Theorem 3. If $M$ is a $(n+1)$-dimensional Hadamard manifold with sectional curvature $K$ such that $-k_{2}^{2} \leq K \leq-k_{1}^{2}$ with $k_{1}, k_{2}>0$

$$
\frac{\lambda}{n k_{2}^{2}} \leq \liminf _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leq \limsup _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leq \frac{1}{n k_{1}}
$$

for a family $\{\Omega(t)\}_{t \in \mathbb{R}^{+}}$of compact $\lambda$-convex domains with $\lambda \leq k_{2}$ expanding over the whole space.

The case $\lambda=k_{2}$ corresponds to a sequence of $h$-convex sets.
The main tool for proving these results will be an estimation of the angle between the radial direction from an interior point of $\Omega$ and the normal of $\partial \Omega$. This will we proved in section 4 . We also prove an interesting formula relating the variation of this angle and the normal curvature in a direction of the boundary.

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Figure 1

## 2. Definitions and preliminary results

Definition 2.1. A Hadamard manifold is a simply-connected complete Riemannian manifold of non-positive sectional curvature.

In this paper we shall deal with $(n+1)$-dimensional pinched Hadamard manifolds, this means the sectional curvature $K$ satisfies the relation $-k_{2}^{2} \leq$ $K \leq-k_{1}^{2}$ with $0<k_{1} \leq k_{2}$.
Definition 2.2. A $C^{2}$ hypersurface $N \subset M$ such that in every point all the normal curvatures are greater or equal than a non-negative $\lambda$ is said a regular $\lambda$-convex hypersurface. When $N$ is the boundary of a domain $\Omega$ it is said that $\Omega$ is a regular $\lambda$-convex domain when its normal curvature with respect to the inward normal direction is greater than $\lambda$.

This definition can be generalized to the non-regular case
Definition 2.3. A $\lambda$-convex hypersurface is an hypersurface $N \subset M$ such that for every point $P$ there is a regular $\lambda$-convex hypersurface $S$ leaving a neighborhood of $P$ in $N$ in the convex side of $S$. A domain $\Omega$ of $M$ is $\lambda$-convex if its boundary is a $\lambda$-convex hypersurface (see figure 1 ).

Remark. It can be seen that a 0-convex hypersurface is an ordinary locally convex hypersurface and a 0 -convex domain is an ordinary convex domain. Also note that $\lambda$-convex implies 0 -convex.

We shall need the fact, proved for instance in [Pet98], that if $(M, g)$ is a Hadamard manifold with sectional curvature $K$ satisfying $-k_{2}^{2} \leq K \leq-k_{1}^{2}$ then the normal curvature $k_{n}$ in any direction of a geodesic sphere of radius $r$ satisfies

$$
\begin{equation*}
k_{1} \operatorname{coth}\left(k_{1} r\right) \leq k_{n} \leq k_{2} \operatorname{coth}\left(k_{2} r\right) \tag{3}
\end{equation*}
$$

Note that he value $k \operatorname{coth}(k r)$ is the geodesic curvature of a circumference of radius $r$ in Lobachevsky plane of curvature $-k^{2}$.

Remark. Since $k_{1} \leq k_{1} \operatorname{coth}\left(k_{1} r\right) \leq k_{n}$ we deduce that for every $\lambda \leq k_{1}$, geodesic spheres are $\lambda$-convex hypersurfaces.

Notice also that, if $\Omega$ is a $\lambda$-convex set with $\lambda>k_{2}$ then every inscribed ball $B(r)$ must satisfy that $r \leq \frac{1}{k_{2}} \operatorname{arctanh}\left(\frac{k_{2}}{\lambda}\right)$. Indeed there are points in $\partial \Omega$ such that the normal curvature is less or equal than the curvature of $\partial B(r)$, therefore $\lambda \leq k_{2} \operatorname{coth}\left(k_{2} r\right)$ and the inequality for $r$ follows. We conclude that $\lambda$-convex sets of any radius exists only if $\lambda \leq k_{2}$.

Definition 2.4. An horosphere in a Hadamard manifold is the limit of a geodesic sphere as the radius tends to infinity

Given a point $P$ and a complete geodesic ray $\gamma$ starting on $P$, the limit of the sequence of geodesic spheres centered in $\gamma(t)$ an passing by $P$ when $t$ tends to infinity is an horosphere. Using (3) we see that horospheres have normal curvature between $k_{1}$ and $k_{2}$ when the sectional curvature $K$ of ambient space satisfies $-k_{2}^{2} \leq K \leq-k_{1}^{2}$.

Definition 2.5. A locally convex hypersurface $N$ of a Hadamard manifold is said $h$-convex if every point has a locally supporting horosphere.

Remark. This means that for every $x$ in $N$ there is an horosphere $H$ such that $x$ belongs to $H$ and $N$ is locally contained in the convex side defined by $H$. A convex domain $\Omega$ is $h$-convex if its boundary is an $h$-convex hypersurface. Note also that every $\lambda$-convex domain with $\lambda \geq k_{2}$ is $h$ convex.

## 3. Normal curvature on riemannian manifolds

In this section we want to find an estimation of the normal curvature in a point $P$ of $N$, an hypersurface of a riemannian manifold $M$. Consider $N$ defined by the equation $t=\rho(\theta)$ of class $C^{2}$, the distance to a point $O . N$ can be seen as the 0 -level set of the function $F=t-\rho$. Remember that for a function $f$ in $M$ the gradient, $\operatorname{grad} f$, is the unique vector field in $M$ such that $\langle\operatorname{grad} f, v>=d f(v)=v(f) . \nabla$ will denote always covariant derivative in $M$.

With respect to the point $O$ we consider polar coordinates $\left(t, \theta^{1}, \ldots, \theta^{n}\right)$. The arc element is given by $d s^{2}=d t^{2}+g_{i j}(t, \theta) d \theta^{i} d \theta^{j}$. If we write $\boldsymbol{n}=$ $\operatorname{grad} F /\|\operatorname{grad} F\|$ for the normal unit vector to $N$ and $\varphi$ for the angle between the radial direction and the unit normal we have that $\cos \varphi=<\boldsymbol{n}, \partial / \partial_{t}>$. Then $1 /\|\operatorname{grad} F\|=\cos \varphi$. Let $f=t$ as a function on $M$. If $Z \in T_{p} N$ then $Z(f)=<\partial / \partial_{t}, Z>$. It follows that $\operatorname{grad}_{N} \rho$ is the orthogonal projection


Figure 2
of $\partial / \partial_{t}$ onto $N$ and the vectors $\boldsymbol{n}, \partial / \partial_{t}$ and $Y=\frac{\operatorname{grad}_{N} \rho}{\left\|\operatorname{grad}_{N} \rho\right\|}$ belong to a 2 dimensional plane (see figure 2). Let denote by $X$ the unit vector in this plane and orthogonal to $\partial / \partial_{t}$. The normal curvature at $P \in N$ in the direction given by $Y$ is

$$
k_{n}=<\nabla_{Y} Y, \boldsymbol{n}>
$$

Next proposition was announced by A.A. Borisenko who gave a first version of its proof.
Proposition 3.1. If $\mu_{n}$ is the normal curvature in the direction of $X$ of the sphere centered in $O$ with radius $\rho$ and $\frac{d \varphi}{d s}$ the derivative of $\varphi$ with respect the arc parameter of the integral curve of $Y$ by $P$, then

$$
\begin{equation*}
k_{n}=\mu_{n} \cos \varphi+\frac{d \varphi}{d s} \tag{4}
\end{equation*}
$$

Remark. This is a kind of Liouville formula. It must be noticed that when this formula is applied to the boundary of a convex domain containing the point $O, k_{n}$ and $\mu_{n}$ are both negative.

Proof. We have that

$$
\left.\begin{array}{rl}
\boldsymbol{n} & =\cos \varphi \cdot \partial / \partial_{t}-\sin \varphi \cdot X \\
Y & =\cos \varphi \cdot X+\sin \varphi \cdot \partial / \partial_{t}
\end{array}\right\} .
$$

Hence

$$
k_{n}=\sin \varphi<\nabla_{\partial / \partial_{t}} Y, \boldsymbol{n}>+\cos \varphi<\nabla_{X} Y, \boldsymbol{n}>.
$$

A straightforward calculation shows that the first term vanishes. Let us decompose the second term.

$$
\begin{aligned}
<\nabla_{X} Y, \boldsymbol{n}>= & \cos \varphi<\nabla_{X} \cos \varphi X, \partial / \partial_{t}>-\sin \varphi<\nabla_{X} \cos \varphi X, X>+ \\
& \cos \varphi<\nabla_{X} \sin \varphi \partial / \partial_{t}, \partial / \partial_{t}>-\sin \varphi<\nabla_{X} \sin \varphi \partial / \partial_{t}, X>.
\end{aligned}
$$

But

$$
<\nabla_{X} \cos \varphi X, \partial / \partial_{t}>=\cos \varphi<\nabla_{X} X, \partial / \partial_{t}>=\mu_{n} \cos \varphi
$$

with $\mu_{n}$ the normal curvature in the direction $X$ of the $n$-dimensional sphere centered in $O$ with radius $\rho$.

$$
\begin{gathered}
<\nabla_{X} \cos \varphi X, X>=-X(\varphi) \sin \varphi \\
<\nabla_{X} \sin \varphi \partial / \partial_{t}, \partial / \partial_{t}>=X(\varphi) \cos \varphi,
\end{gathered}
$$

and

$$
<\nabla_{X} \sin \varphi \partial / \partial_{t}, X>=-\mu_{n} \sin \varphi
$$

Therefore we obtain

$$
\begin{equation*}
k_{n}=\mu_{n} \cos \varphi+X(\varphi) \cos \varphi . \tag{5}
\end{equation*}
$$

Using that $X=Y / \cos \varphi+(\tan \varphi) \partial / \partial_{t}$ we obtain

$$
\begin{equation*}
k_{n}=\mu_{n} \cos \varphi+Y(\varphi) . \tag{6}
\end{equation*}
$$

But differentiation in direction $Y$ of $\varphi$ is the derivative with respect the arc parameter of the integral curve of $Y$ by $P$. This finishes the proof.

## 4. LOWER BOUND FOR $\cos \varphi=<\boldsymbol{n}, \partial / \partial_{t}>$

In this section we shall study the angle $\varphi$ between the radial direction and the normal direction to the hypersurface. We divide the proof in the regular and the non-regular case.
4.1. Regular case. We shall prove the following

Theorem 1. Let $M$ be a $(n+1)$-dimensional Hadamard manifold with sectional curvature $K$ such that $-k_{2}^{2} \leq K \leq-k_{1}^{2}$ with $k_{1}, k_{2}>0$. Let $\Omega$ be a $\lambda$-convex domain with $C^{2}$ boundary $N, \lambda<k_{2}$ and $O$ an interior point of $\Omega$. If $\varphi$ denote the angle of the normal to $N$ an the exterior radial direction, when $d(O, N) \leq \frac{1}{k_{2}} \operatorname{arctanh}\left(\frac{\lambda}{k_{2}}\right)$ we have

$$
\cos \varphi \geq \frac{1}{k_{2}} \sqrt{\lambda^{2} \cosh ^{2} k_{2} s-k_{2}^{2} \sinh ^{2} k_{2} s} .
$$

If $d(O, \partial N) \geq \frac{1}{k_{2}} \operatorname{arctanh}\left(\frac{\lambda}{k_{2}}\right)$ we have

$$
\cos \varphi \geq \frac{\lambda}{k_{2}}
$$

We start studying what happens in the hyperbolic space.
Lemma 4.1 ([BV99]). Let $\gamma$ be a $\lambda$-geodesic line in the Lobachevsky plane of constant curvature $-k^{2}$. Let $O$ be a point in the convex side of $\gamma$. Let $r$ be the distance between $\gamma$ and $O$. For each point in $\gamma$ we define $\beta$ as the angle between the radial field from $O$ and the outwards normal field of $\gamma$. If

$$
r<d:=\frac{1}{k} \operatorname{arctanh} \frac{\lambda}{k} \quad\left(=\log \sqrt{\frac{k+\lambda}{k-\lambda}}\right)
$$

then

$$
\begin{equation*}
\cos \beta \geq \frac{2 \sqrt{\rho(\lambda-k \rho)(k-\lambda \rho)}}{k\left(1-\rho^{2}\right)} \tag{7}
\end{equation*}
$$

where $\rho=\tanh \frac{1}{2} k r$. Alternatively, if $r \geq d$ then

$$
\begin{equation*}
\cos \beta \geq \frac{\lambda}{k} \tag{8}
\end{equation*}
$$

Remark. The estimate (7) can be given in the following equivalent form

$$
\begin{equation*}
\cos \beta \geq \frac{1}{k} \sqrt{\lambda^{2} \cosh ^{2} k s-k^{2} \sinh ^{2} k s} \tag{9}
\end{equation*}
$$

where $s=d-r$.
We shall see now in a synthetic way a new proof of those expressions. Assume that we are in the conformal Poincaré disk model and that $O$ is the origin. We can also suppose that $\gamma$ is the intersection with the disk of a circle $C$ centered at $Q=(0, q)$ with $q<0$. Now, at any point $P \in \gamma, \beta$ is the angle $\widehat{Q P O}$. Consider the curves defined as the locus of the point from which $O Q$ is in a given angle. It is known that these level curves are arcs of circles joining $O$ and $Q$. Two of such arcs are tangent to $C$. Thus, the maximum of $\widehat{Q P O}$ for $P \in C$ is attained when $P$ is one of these tangency points. That is, when $\widehat{P O Q}=\pi / 2$.

Now, by definition $\gamma$ is the equidistant curve at distance $d$ to some geodesic $\sigma$. If $r<d$ then $O$ is in the region bounded by $\gamma$ and $\sigma$. So, $\gamma$ meets the boundary of the model at points with negative second coordinate. Thus, the points $P \in C$ where $\widehat{Q P O}$ is maximum are in $\gamma$. Then, the maximum of $\beta$ is also attained in $P$. If $O^{\prime}$ and $P^{\prime}$ are the points in $\sigma$ at minimum distance, respectively, from $O$ and $P$, then $O^{\prime} O P P^{\prime}$ is a quadrilateral with three right angles and an acute angle equal to $\beta$. Using a hyperbolic trigonometric formula for quadrilaterals (cf. [Rat94]),

$$
\sin \beta=\frac{\cosh k \overline{O O^{\prime}}}{\cosh k \overline{P P^{\prime}}}
$$



Figure 3

From this we obtain easily the expression (9). A straightforward computation shows that it is equivalent to (7).

In the case that $r \geq d$, the points $P \in C$ with the greatest angle $\widehat{Q P O}$ are outside the disk. Then, at every point of $\gamma, \beta$ is less than the angle between the $\lambda$-geodesic and the boundary of the disk and this angle has cosine $\lambda / k$.

Proof of theorem 1. Let $\gamma$ be an integral curve of the field $Y=\operatorname{grad}_{N} \rho$ through a point $P$ of the boundary. Following $\gamma$ in the direction that $\rho$ decreases we arrive at a point $Q$ (maybe at infinite time of the parameter). In this point $Y=0$, hence $\varphi=0$. Let $d(O, Q)=d(\geq d(O, N))$. If $d^{\prime}=d(O, P)$ we can parametrize the segment of $\gamma$ between $P$ an $Q$ with the distance $t \in\left(d, d^{\prime}\right]$ of $O$ to the corresponding point in the segment. If $s$ is the arc parameter we have by lemma 3.1

$$
k_{n}(\gamma(t))=\cos \varphi(\gamma(t)) \mu_{n}(\gamma(t))+\frac{d \varphi}{d t} \frac{d t}{d s}
$$

but

$$
\frac{d t}{d s}=\frac{Y}{\|Y\|}(\rho)=\frac{<\operatorname{grad}_{N} \rho, \operatorname{grad}_{N} \rho>}{\left\|\operatorname{grad}_{N} \rho\right\|}=\sin \varphi
$$

As $N$ is $\lambda$-convex and using the comparison formula (3) we have

$$
\begin{equation*}
-\lambda \geq-k_{2} \operatorname{coth}\left(k_{2} \cdot t\right) \cos \varphi+\sin \varphi \frac{d \varphi}{d t} . \tag{10}
\end{equation*}
$$

Now consider in $\mathbb{H}^{2}\left(-k_{2}^{2}\right)$ an arbitrary $\lambda$-geodesic line $\bar{\gamma}$ and a point $\bar{Q}$ in it. Consider an orthogonal geodesic from $\bar{Q}$ to a point $\bar{O}$ at distance $d$ from $\bar{Q}$. In $\bar{\gamma}$ consider a point $\bar{P}$ at distance $d^{\prime}=d(O, P)$ from $\bar{O}$. We have the same situation as before, but now in the hyperbolic plane of constant curvature


Figure 4
$-k_{2}^{2}$. If $\beta$ is the angle between the normal to $\bar{\gamma}$ in the direction of the ray vector from $\bar{O}$ and this ray vector, we have the exact formula

$$
\begin{equation*}
-\lambda=-k_{2} \operatorname{coth}\left(k_{2} \cdot t\right) \cos \beta+\sin \beta \frac{d \beta}{d t} \tag{11}
\end{equation*}
$$

where $t$ is again the distance from $\bar{O}$ to the corresponding point in $\bar{\gamma}$ (see figure 4).

Suppose that $\gamma(t)>\beta(t)$. As $\gamma(d)=\beta(d)=0$ we must have $\gamma^{\prime}>\beta^{\prime}$ at some point. From equations (10) and (11) we deduce

$$
\begin{aligned}
&-k_{2} \operatorname{coth}\left(k_{2} \cdot t\right) \cos \beta+\sin \beta \frac{d \beta}{d t} \geq \\
&-k_{2} \operatorname{coth}\left(k_{2} \cdot t\right) \cos \varphi+\sin \varphi \frac{d \varphi}{d t}> \\
&-k_{2} \operatorname{coth}\left(k_{2} \cdot t\right) \cos \beta+\sin \beta \frac{d \beta}{d t}
\end{aligned}
$$

which is a contradiction. Therefore we must have $\varphi \leq \beta$ hence $\cos \varphi(t) \geq$ $\cos \beta(t)$ and the bound follows.

It is possible to prove in an easier way a less strong result
Proposition 4.1. Let $M$ be a Hadamard manifold with sectional curvature $-k_{2}^{2} \leq K \leq-k_{1}^{2}$. Suppose $\Omega$ be a $C^{2} \lambda$-convex set with $\lambda<k_{2}$ and $\partial \Omega$ a connected boundary component. Let $O$ a point in the interior of $\Omega$. Then the angle $\varphi$ between geodesic rays from $O$ and the unit normal to $\partial \Omega$ satisfies the inequality

$$
\cos \varphi \geq \frac{\lambda}{k_{2}} \tanh \left(k_{2} r\right)
$$

where $r$ is the minimum distance from $O$ to $\partial \Omega$.
Proof. Note that the field $\operatorname{grad}_{N} \rho$ is zero if and only if $\cos \varphi=1$ and in this case $\partial / \partial t=\operatorname{grad} F$.

The angle $\varphi$ takes its value in the interval $[0, \pi / 2]$ then there is a supremum $\varphi_{0}$ of it. Consider any integral curve $\gamma$ of $Y /\|Y\|$. If at some point $\gamma\left(s_{0}\right)$ the value $\varphi_{0}$ is achieved we have in this point that $\varphi^{\prime}=0$ and so

$$
\cos \varphi=\frac{k_{n}}{\mu_{n}}
$$

concluding that

$$
\begin{equation*}
\cos \varphi \geq \frac{\lambda}{k_{2} \operatorname{coth}\left(k_{2} \rho_{o}\right)} \tag{12}
\end{equation*}
$$

If the maximum value is not achieved we have two different possibilities, there exists a value $s_{0}$ such that $\varphi(\gamma(s))$ increases when $s>s_{0}$ in this case $\varphi^{\prime}>0$ and then $\left(-k_{n}\right) \cos \varphi \geq-\mu_{n}$, it follows (12) again. The other case is that $\varphi(\gamma(s))$ goes to $\varphi_{0}$ in a non monotone way, in this case there is a increasing sequence $s_{n}$ such that $\varphi^{\prime}\left(\gamma\left(s_{n}\right)\right)=0$ and $\varphi\left(\gamma\left(s_{n}\right)\right) \rightarrow \varphi_{0}$. Again we obtain (12).
4.2. Non regular case. Now we shall consider a general $\lambda$-convex domain $\Omega$. Let $N_{\epsilon}$ be the outer parallel set at distance $\epsilon$ to $N=\partial \Omega$. Then it is a general fact that $N_{\epsilon}$ is of class of regularity $C^{1,1}$. When $N$ is $\lambda$-convex, $N_{\epsilon}$ is $\lambda_{\epsilon}$-convex with $\lambda_{\epsilon} \geq \lambda-C \epsilon$. It is true also that

$$
\lim _{\epsilon \rightarrow 0} N_{\epsilon}=N, \quad \lim _{\epsilon \rightarrow 0} \varphi_{\epsilon}=\varphi
$$

Here $\varphi$ corresponds to the angle of the normal of the limit supporting tangent plane with the radial direction $\partial / \partial t$ (see figure 5).

If we found a bound for $\varphi_{\epsilon}$ then we will obtain an evaluation for $\varphi$. Now we consider the gradient of the distance function for $N_{\epsilon}$, this field has integral curves of class of regularity $C^{1,1}$. In fact in almost all points the class is $C^{2}$. Therefore the function $\varphi_{\epsilon}(t)$ giving the angle is $C^{1}$ in those points. Applying proposition 3.1 to $\varphi_{\epsilon}$ and using that

$$
\begin{equation*}
\varphi(s)=\varphi\left(s_{0}\right)+\int_{s_{0}}^{s} \frac{d \varphi}{d s} d t \tag{13}
\end{equation*}
$$

we obtain that the same evaluation for $\cos \varphi$ as in the regular case is valid now. Taking limits with respect to $\epsilon$ we obtain the proof of theorem 1 for the general case.


Figure 5

## 5. Estimates for the ratio of volumes

First of all we state the following lemma (see for instance [BZ94]).
Lemma 5.1. Suppose that on the geodesic line $\gamma:[0, s] \rightarrow M$ of a manifold $M$ there are no conjugate points to $\gamma(0)$ and at every point of $\gamma$ all the sectional curvatures $K_{\sigma}$ are bounded by

$$
k_{2} \leq K_{\sigma} \leq k_{1}
$$

Then, for $t<s$

$$
\frac{J_{k_{2}}(t)}{J_{k_{2}}(s)} \leq \frac{J(t)}{J(s)} \leq \frac{J_{k_{1}}(t)}{J_{k_{1}}(s)}
$$

where $J(t)$ and $J_{k}(t)$ denote the jacobians at the points corresponding to $\gamma(t)$ by the exponential maps of $M$ and of the space with constant curvature $k$, respectively.

Theorem 2. Let $M$ be a $n+1$ )-dimensional Hadamard manifold with sectional curvature $K$ such that

$$
-k_{2}^{2} \leq K \leq-k_{1}^{2} \quad k_{1}, k_{2}>0 .
$$

Let $\Omega$ be a compact $\lambda$-convex domain in $M$. Then if $\lambda<k_{2}$

$$
f(r) \cdot C(r) \frac{\lambda}{k_{2}} \leq \frac{\operatorname{vol}(\Omega)}{\operatorname{vol}(\partial \Omega)} \leq h(R)
$$

where $r$ is the inradius of $\Omega, R$ is the circumradius,

$$
\begin{aligned}
& f(r):=\frac{1}{\left(1-e^{-2 k_{2} r}\right)^{n}} {\left[\frac{1}{k_{2} n}\left(1-\mathrm{e}^{-k_{2} n r}\right)-\frac{n}{k_{2}(n-2)}\left(\mathrm{e}^{-2 k_{2} r}-\mathrm{e}^{-k_{2} n r}\right)\right] } \\
& h(R):=\frac{1}{k_{1} n}\left(1-\mathrm{e}^{-k_{1} n R}\right)
\end{aligned}
$$

and

$$
C(r):=\left\{\begin{array}{cll}
\frac{1}{k_{2}} \sqrt{\lambda^{2} \cosh ^{2} k_{2} s-k_{2}^{2} \sinh ^{2} k_{2} s} & \text { if } \quad r \leq \frac{1}{k_{2}} \operatorname{arctanh} \frac{\lambda}{k_{2}} \\
1 & \text { if } \quad r>\frac{1}{k_{2}} \operatorname{arctanh} \frac{\lambda}{k_{2}}
\end{array}\right.
$$

Proof. Let $O$ be any point interior to $\Omega$. Consider the exponential map in $O, \exp : T_{O} M \longrightarrow M$. For each unitary vector $u \in T_{O} M$ we define $l(u)$ as the positive real number such that

$$
\exp (l(u) u) \in \partial \Omega
$$

Let $r$ and $R$ be respectively the minimum and the maximum of $l$. Let $A=\left\{\left(u, t \in S^{n} \times \mathbb{R} ; 0<t \leq l(u)\right\}\right.$. Identifying $S^{n} \times \mathbb{R}$ with $T_{O} M-\{O\}$ we have $\Omega=\exp (A)$. Hence

$$
\operatorname{vol}(\Omega)=\int_{\Omega} \eta=\int_{\operatorname{esp}(A)} \eta=\int_{A} \exp ^{*} \eta=\int_{S^{n}} \int_{0}^{l(u)} J(\exp ) t^{n} \mathrm{~d} t \mathrm{~d} S
$$

where $\eta$ and $\mathrm{d} S$ are, respectively, the volume elements of $M$ and $S^{n}$.
Analogously, if we define $\phi: S^{n} \longrightarrow \partial \Omega$ by $\phi(u)=\exp (l(u)) u$, then

$$
\operatorname{vol}(\partial \Omega)=\int_{\partial \Omega} \mu=\int_{\phi\left(S^{n}\right)} \mu=\int_{S n} \phi^{*} \mu=\int_{S^{n}} \operatorname{Jac}_{u}(\phi) \mathrm{d} S .
$$

where $\mu$ is the volume element of $\partial \Omega$. Now, we compute the jacobian of $\phi$ at a point $u \in S^{n}$. Let $e_{1}, \ldots, e_{n}$ be an orthonormal basis of $T_{u} S^{n}$. By definition, we have

$$
\mathrm{Jac}_{u}(\phi)=\mu\left(\phi_{*} e_{1}, \ldots, \phi_{*} e_{n}\right)=\eta\left(N, \phi_{*} e_{1}, \ldots, \phi_{*} e_{n}\right)
$$

where $N$ is orthogonal to $\partial \Omega$. If $\partial_{t}$ is the radial field from $O$, we can write

$$
\operatorname{Jac}_{u}(\phi)=\eta\left(\frac{\partial_{t}}{<\partial_{t}, N>}, \phi_{*} e_{1}, \ldots, \phi_{*} e_{n}\right)
$$

Now, $\phi_{*}\left(e_{i}\right)=\exp _{*}\left(\mathrm{~d} l\left(e_{i}\right) u+l(u) e_{i}\right)$, so

$$
\begin{aligned}
& \operatorname{Jac}_{u}(\phi)=\frac{1}{<\partial_{t}, N>} \eta\left(<\partial_{t}, N>, \exp _{*}\left(l(u) e_{1}\right), \ldots, \exp _{*}\left(l(u) e_{n}\right)\right)= \\
& \frac{l^{n}(u)}{<\partial_{t}, N>} \eta\left(\exp ^{*}(u), \exp _{*}\left(l(u) e_{1}\right), \ldots, \exp _{*}\left(l(u) e_{n}\right)\right)=\frac{l^{n}(u)}{<\partial_{t}, N>} \operatorname{Jac}_{l(u) u}(\exp ) .
\end{aligned}
$$

Therefore,

$$
\frac{\operatorname{vol}(\Omega)}{\operatorname{vol}(\partial \Omega)}=\frac{\int_{S^{n}} \int_{0}^{l(u)} \operatorname{Jac}_{l(u) u}(\exp ) t^{n} \mathrm{~d} t \mathrm{~d} S}{\int_{S^{n}} \frac{l^{n}(u)}{<\partial_{t}, N>} \operatorname{Jac}_{l(u) u}(\exp ) \mathrm{d} S}
$$

Setting

$$
g(u)=\int_{0}^{l(u)} \frac{\mathrm{Jac}_{t u}(\exp ) t^{n}}{\operatorname{Jac}_{l(u) u}(\exp ) l(u)^{n}} \mathrm{~d} t
$$

we can write

$$
\operatorname{vol}(\Omega)=\int_{S^{n}} g(u) l(u)^{n} \operatorname{Jac}_{l(u) u}(\exp ) \mathrm{d} S
$$

Now, from lemma 5.1, comparing with the spaces of constant curvature $-k_{1}^{2}$ and $-k_{2}^{2}$ we can state that

$$
\frac{\mathrm{Jac}_{t u}\left(\exp ^{-k_{2}^{2}}\right)}{\mathrm{Jac}_{s u}\left(\exp ^{-k_{2}^{2}}\right)} \leq \frac{\mathrm{Jac}_{t u}(\exp )}{\mathrm{Jac}_{s u}(\exp )} \leq \frac{\mathrm{Jac}_{t u}\left(\exp ^{-k_{1}^{2}}\right)}{\mathrm{Jac}_{s u}\left(\exp ^{-k_{1}^{2}}\right)} \quad \text { for } t<s
$$

where $\exp ^{-k_{i}^{2}}$ denotes the exponential map at any point of the space of curvature $-k_{i}^{2}$. It is known that $\mathrm{Jac}_{t u}\left(\exp ^{-k_{i}^{2}}\right)=\left(\frac{1}{k_{i}} \sinh k_{i} t\right)^{n} t^{-n}$. Hence

$$
\int_{0}^{l(u)} \frac{\left(\sinh k_{2} t\right)^{n}}{\left(\sinh k_{2} s\right)^{n}} \mathrm{~d} t \leq g(u) \leq \int_{0}^{l(u)} \frac{\left(\sinh k_{1} t\right)^{n}}{\left(\sinh k_{1} s\right)^{n}} \mathrm{~d} t
$$

We can estimate the first integral by using the fact that $(1-a)^{n} \geq 1-n a$ for $0 \leq a \leq 1$.

$$
\begin{aligned}
& \int_{0}^{s} \frac{\sinh \left(k_{2} t\right)^{n}}{\sinh \left(k_{2} s\right)^{n}} \mathrm{~d} t=\frac{1}{\left(1-e^{-2 k_{2} s}\right)^{n}} \int_{0}^{s}\left(1-\mathrm{e}^{-2 k_{2} t}\right)^{n} \mathrm{e}^{k_{2} n(t-s)} \mathrm{d} t \geq \\
\geq & \frac{1}{\left(1-e^{-2 k_{2} s}\right)^{n}} \int_{0}^{s}\left(1-n \mathrm{e}^{-2 k_{2} t}\right) \mathrm{e}^{k_{2} n(t-s)} \mathrm{d} t= \\
= & \frac{1}{\left(1-e^{-2 k_{2} s}\right)^{n}}\left[\frac{1}{k_{2} n}\left(1-\mathrm{e}^{-k_{2} n s}\right)-\frac{n}{k_{2}(n-2)}\left(\mathrm{e}^{-2 k_{2} s}-\mathrm{e}^{-k_{2} n s}\right)\right]=: f(s)
\end{aligned}
$$

On the other hand,

$$
\int_{0}^{s} \frac{\sinh \left(k_{1} t\right)^{n}}{\sinh \left(k_{1} s\right)^{n}} \mathrm{~d} t \leq \int_{0}^{s} \mathrm{e}^{k_{1} n(t-s)} \mathrm{d} t=\frac{1}{k_{1} n}\left(1-\mathrm{e}^{-k_{1} n s}\right)=: h(s)
$$

Therefore, since $r \leq l(u) \leq R$ for every $u \in S^{n}$,

$$
f(r) \int_{S^{n}} l(u)^{n} \operatorname{Jac}_{l(u) u}(\exp ) \mathrm{d} S \leq \operatorname{vol}(\Omega) \leq h(R) \int_{S^{n}} l(u)^{n} \operatorname{Jac}_{l(u) u}(\exp ) \mathrm{d} S
$$

Finally, using theorem 1, we find that

$$
f(r) \cdot C(r) \frac{\lambda}{k_{2}} \leq \frac{\operatorname{vol}(\Omega)}{\operatorname{vol}(\partial \Omega)} \leq h(R)
$$

Now, choosing $O$ to be the incenter and the circumcenter of $\Omega$, we have proved the two inequalities with $r$ and $R$ the inradius and the circumradius respectively.

Note that the theorem would be true, with the same proof, if $r$ and $R$ were the radius of any geodesic ball contained and containing, respectively, $\Omega$.

Now, we get the main result of the paper

Theorem 3. Let $M$ be a $(n+1)$-dimensional Hadamard manifold with sectional curvature $K$ such that

$$
-k_{2}^{2} \leq K \leq-k_{1}^{2} \quad k_{1}, k_{2}>0
$$

Let $\{\Omega(t)\}_{t \in \mathbb{R}^{+}}$be a family of $\lambda$-convex compact domains expanding over the whole space. Then, if $\lambda \leq k_{2}$

$$
\frac{\lambda}{n k_{2}^{2}} \leq \lim \inf \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leq \lim \sup \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leq \frac{1}{n k_{1}}
$$

Proof. Since $\Omega(t)$ expands over the whole hyperbolic space, $r$ and $R$ go to infinity. Then $h(R)$ goes to $1 / n k_{1}$ and $f(r)$ goes to $1 / n k_{2}$. When $\lambda=k_{2}$ the domains are $h$-convex and the inequality follows from [BV99].

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