# Relation between area and volume for $\lambda$-convex sets in Hadamard manifolds ${ }^{1}$ 

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#### Abstract

It is known that for a sequence $\left\{\Omega_{t}\right\}$ of convex sets expanding over the whole hyperbolic space $\mathbb{H}^{n+1}$ the limit of the quotient $\operatorname{vol}\left(\Omega_{t}\right) / \operatorname{vol}\left(\partial \Omega_{t}\right)$ is less or equal than $1 / n$, and exactly $1 / n$ when the sets considered are convex with respect to horocycles. When convexity is with respect to equidistant lines, i.e., curves with constant geodesic curvature $\lambda$ less than one, the above limit has $\lambda / n$ as lower bound. Looking how the boundary bends, in this paper we give bounds of the above quotient for a compact $\lambda$-convex domain in a complete simply-connected manifold of negative and bounded sectional curvature, a Hadamard manifold. Then we see that the limit of $\operatorname{vol}\left(\Omega_{t}\right) / \operatorname{vol}\left(\partial \Omega_{t}\right)$ for sequences of $\lambda$-convex domains expanding over the whole space lies between the values $\lambda / n k_{2}^{2}$ and $1 / n k_{1}$.


Keywords: Hyperbolic space, Hadamard manifold, normal curvature, volume, $\lambda$-geodesic, horocycle, $\lambda$ convex set.

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## 1. Introduction

When we consider a circumference passing through a point in the hyperbolic space $\mathbb{H}^{n+1}$ and make the center of it to go to infinity, the resulting curve is called an horocycle. This curve is characterized by having geodesic curvature equal $\pm 1$. Given two points in $\mathbb{H}^{n+1}$ there is a family of horocycles joining them. We say that a set is h-convex if for every couple of points in it, every horocycle joining them is completely contained in the set.

In 1972 Santaló and Yañez ([8]) proved the following result. Let $\{\Omega(t)\}_{t \in \mathbb{R}}$ be a family of compact $h$-convex domains in $\mathbb{H}^{2}$ expanding over the whole plane. Then

$$
\begin{equation*}
\lim _{t \rightarrow \infty} \frac{\operatorname{area}(\Omega(t))}{\operatorname{length}(\partial \Omega(t))}=1 \tag{1}
\end{equation*}
$$

[^0]For $\mathbb{H}^{n+1}$ it was proven in [1] the generalization of this result. Let $\{\Omega(t)\}_{t \in \mathbb{R}}$ be a family of compact $h$-convex domains expanding over the whole space, then

$$
\lim _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))}=\frac{1}{n}
$$

On the other hand, the following linear isoperimetric inequality holds for a domain $\Omega$ in a complete simply-connected manifold with negative least upper bound $K$ of the sectional curvatures (cf. [9])

$$
n \sqrt{-K} \operatorname{vol}(\Omega) \leqslant \operatorname{vol}(\partial \Omega)
$$

This give us an upper bound for the quotient of volumes, $\operatorname{vol}(\Omega) / \operatorname{vol}(\partial \Omega) \leqslant 1 / n \sqrt{-K}$.
An $h$-convex domain in a simply connected riemannian space $M$ of nonpositive curvature is a domain $\Omega \subset M$ with boundary $\partial \Omega$ such that, for every $p \in \partial \Omega$, there is a horosphere $\mathcal{H}$ of $M$ through $p$ such that $\Omega$ is locally contained in the horoball of $M$ bounded by $\mathcal{H}$. When $M$ is a Lobachevsky space, then this definition is equivalent to the above definition.

For simply-connected riemannian manifolds with sectional curvature satisfying $-k_{2}^{2} \leqslant K \leqslant$ $-k_{1}^{2}$ it was proved in [2] that

$$
\begin{equation*}
\frac{1}{n k_{2}} \leqslant \liminf _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leqslant \limsup _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leqslant \frac{1}{n k_{1}} \tag{2}
\end{equation*}
$$

where $\Omega(t)$ are $h$-convex bodies expanding over the whole space.
In [4] it was shown that equation (1) is not true for general convex sets. This limit can take, in the hyperbolic plane, any value between 0 and 1 . Since horocycles are curves of geodesic curvature $\pm 1$ and geodesics are curves of geodesic curvature 0 , they can be considered as particular cases of curves of constant geodesic curvature $\lambda, 0 \leqslant|\lambda| \leqslant 1$.

Thus if convexity is defined with respect to horocycles this limit is 1 and when convexity is defined with respect to geodesics the limit of the quotient area $(\Omega(t)) /$ length $(\Omega(t))$ is less or equal than 1. In [1] it was introduced the notion of $\lambda$-convexity and the question of the influence of $\lambda$ in this limit was posed. When convexity is defined with respect to $\lambda$-geodesic curves it was proved in [5] that for each $\alpha \in[\lambda, 1]$ there exists a sequence of $\lambda$-convex polygons $\left\{K_{n}\right\}$ expanding over the whole hyperbolic plane such that

$$
\lim _{t \rightarrow \infty} \frac{\operatorname{area}(\Omega(t))}{\operatorname{length}(\Omega(t))}=\alpha
$$

and if the sequence is formed by $\lambda$-convex sets with piecewise $C^{2}$ boundary, then the lim sup and liminf of these ratios lie between $\lambda$ and 1 . For Lobachevsky space $\mathbb{H}^{n+1}$ it was proved in [2] that

$$
\frac{\lambda}{n} \leqslant \liminf _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leqslant \limsup _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leqslant \frac{1}{n} .
$$

for a family $\{\Omega(t)\}_{t \in \mathbb{R}^{+}}$of $\lambda$-convex domains expanding over the whole space.
It is possible to generalize in a natural way the notion of $\lambda$-convexity for riemannian manifolds. A domain $\Omega$ with regular boundary is $\lambda$-convex when all the normal curvatures are bounded below by $\lambda$ (see Section 2 for a precise definition). The main result of this work is

Theorem 2. Let $M$ be a $(n+1)$-dimensional Hadamard manifold with sectional curvature $K$ such that

$$
-k_{2}^{2} \leqslant K \leqslant-k_{1}^{2}, \quad k_{1}, k_{2}>0
$$

Let $\Omega$ be a compact $\lambda$-convex domain in $M$ with $\lambda \leqslant k_{2}$. Then there are functions $\alpha(r)$ of the inradius and $\beta(R)$ of the circumradius such that $\alpha(r) \rightarrow 1 /\left(n k_{2}\right)$ and $\beta(R) \rightarrow 1 /\left(n k_{1}\right)$ when $r$ and $R$ grow to infinity and that

$$
\alpha(r) \frac{\lambda}{k_{2}} \leqslant \frac{\operatorname{vol}(\Omega)}{\operatorname{vol}(\partial \Omega)} \leqslant \beta(R) .
$$

As a consequence we see that
Theorem 3. If $M$ is $a(n+1)$-dimensional Hadamard manifold with sectional curvature $K$ such that $-k_{2}^{2} \leqslant K \leqslant-k_{1}^{2}$ with $k_{1}, k_{2}>0$

$$
\frac{\lambda}{n k_{2}^{2}} \leqslant \liminf _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leqslant \limsup _{t \rightarrow \infty} \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leqslant \frac{1}{n k_{1}}
$$

for a family $\{\Omega(t)\}_{t \in \mathbb{R}^{+}}$of compact $\lambda$-convex domains with $\lambda \leqslant k_{2}$ expanding over the whole space.

The case $\lambda=k_{2}$ corresponds to a sequence of $h$-convex sets.
The main tool for proving these results will be an estimation of the angle between the radial direction from an interior point of $\Omega$ and the normal of $\partial \Omega$. This will we proved in Section 4. We also prove an interesting formula relating the variation of this angle and the normal curvature in a direction of the boundary.

## 2. Definitions and preliminary results

Definition 2.1. A Hadamard manifold is a simply-connected complete Riemannian manifold of non-positive sectional curvature.

In this paper we shall deal with $(n+1)$-dimensional pinched Hadamard manifolds, this means the sectional curvature $K$ satisfies the relation $-k_{2}^{2} \leqslant K \leqslant-k_{1}^{2}$ with $0<k_{1} \leqslant k_{2}$.

Definition 2.2. A $C^{2}$ hypersurface $N \subset M$ such that in every point all the normal curvatures are greater or equal than a non-negative $\lambda$ is said a regular $\lambda$-convex hypersurface. When $N$ is the boundary of a domain $\Omega$ it is said that $\Omega$ is a regular $\lambda$-convex domain when its normal curvature with respect to the inward normal direction is greater than $\lambda$.

This definition can be generalized to the non-regular case.
Definition 2.3. A $\lambda$-convex hypersurface is a hypersurface $N \subset M$ such that for every point $P$ there is a regular $\lambda$-convex hypersurface $S$ leaving a neighborhood of $P$ in $N$ in the convex side


Fig. 1.
Remark. It can be seen that a 0 -convex hypersurface is an ordinary locally convex hypersurface and a 0 -convex domain is an ordinary convex domain. Also note that $\lambda$-convex implies 0 -convex.

We shall need the fact, proved for instance in [6], that if $(M, g)$ is a Hadamard manifold with sectional curvature $K$ satisfying $-k_{2}^{2} \leqslant K \leqslant-k_{1}^{2}$ then the normal curvature $k_{n}$ in any direction of a geodesic sphere of radius $r$ satisfies

$$
\begin{equation*}
k_{1} \operatorname{coth}\left(k_{1} r\right) \leqslant k_{n} \leqslant k_{2} \operatorname{coth}\left(k_{2} r\right) . \tag{3}
\end{equation*}
$$

Note that the value $k \operatorname{coth}(k r)$ is the geodesic curvature of a circumference of radius $r$ in Lobachevsky plane of curvature $-k^{2}$.

Remark. Since $k_{1} \leqslant k_{1} \operatorname{coth}\left(k_{1} r\right) \leqslant k_{n}$ we deduce that for every $\lambda \leqslant k_{1}$, geodesic spheres are $\lambda$-convex hypersurfaces. Notice also that, if $\Omega$ is a $\lambda$-convex set with $\lambda>k_{2}$ then every inscribed ball $B(r)$ must satisfy that $r \leqslant\left(1 / k_{2}\right) \operatorname{arctanh}\left(k_{2} / \lambda\right)$. Indeed there are points in $\partial \Omega$ such that the normal curvature is less or equal than the curvature of $\partial B(r)$, therefore $\lambda \leqslant k_{2} \operatorname{coth}\left(k_{2} r\right)$ and the inequality for $r$ follows. We conclude that $\lambda$-convex sets of any radius exists only if $\lambda \leqslant k_{2}$.

Definition 2.4. An horosphere in a Hadamard manifold is the limit of a geodesic sphere as the radius tends to infinity

Given a point $P$ and a complete geodesic ray $\gamma$ starting on $P$, the limit of the sequence of geodesic spheres centered in $\gamma(t)$ and passing by $P$ when $t$ tends to infinity is an horosphere. Using (3) we see that horospheres have normal curvature between $k_{1}$ and $k_{2}$ when the sectional curvature $K$ of ambient space satisfies $-k_{2}^{2} \leqslant K \leqslant-k_{1}^{2}$.

Definition 2.5. A locally convex hypersurface $N$ of a Hadamard manifold is said to be $h$-convex if every point has a locally supporting horosphere.

Remark. This means that for every $x$ in $N$ there is an horosphere $H$ such that $x$ belongs to $H$ and $N$ is locally contained in the convex side defined by $H$. A convex domain $\Omega$ is $h$-convex if its boundary is an $h$-convex hypersurface. Note also that every $\lambda$-convex domain with $\lambda \geqslant k_{2}$ is $h$-convex.

## 3. Normal curvature on riemannian manifolds

In this section we want to find an estimation of the normal curvature in a point $P$ of $N$, a hypersurface of a riemannian manifold $M$. Consider $N$ defined by the equation $t=\rho(\theta)$ of class $C^{2}$, the distance to a point $O . N$ can be seen as the 0 -level set of the function $F=t-\rho$. Remember that for a function $f$ in $M$ the gradient, grad $f$, is the unique vector field in $M$ such that $\langle\operatorname{grad} f, v\rangle=d f(v)=v(f) . \nabla$ will denote always covariant derivative in $M$.

With respect to the point $O$ we consider polar coordinates $\left(t, \theta^{1}, \ldots, \theta^{n}\right)$. The arc element is given by $d s^{2}=d t^{2}+g_{i j}(t, \theta) d \theta^{i} d \theta^{j}$. If we write $n=\operatorname{grad} F /\|\operatorname{grad} F\|$ for the normal unit vector to $N$ and $\varphi$ for the angle between the radial direction and the unit normal we have that $\cos \varphi=\left\langle n, \partial / \partial_{t}\right\rangle$. Then $1 /\|\operatorname{grad} F\|=\cos \varphi$. Let $f=t$ as a function on $M$. If $Z \in T_{p} N$ then $Z(f)=\left\langle\partial / \partial_{t}, Z\right\rangle$. It follows that $\operatorname{grad}_{N} \rho$ is the orthogonal projection of $\partial / \partial_{t}$ onto $N$ and the vectors $n, \partial / \partial_{t}$ and $Y=\operatorname{grad}_{N} \rho /\left\|\operatorname{grad}_{N} \rho\right\|$ belong to a 2-dimensional plane (see Figure 2). Let denote by $X$ the unit vector in this plane and orthogonal to $\partial / \partial_{t}$.


Fig. 2.
The normal curvature at $P \in N$ in the direction given by $Y$ is

$$
k_{n}=\left\langle\nabla_{Y} Y, n\right\rangle .
$$

Next proposition was announced by A.A. Borisenko who gave a first version of its proof.
Proposition 3.1. If $\mu_{n}$ is the normal curvature in the direction of $X$ of the sphere centered in $O$ with radius $\rho$ and $d \varphi / d s$ the derivative of $\varphi$ with respect the arc parameter of the integral curve of $Y$ by $P$, then

$$
\begin{equation*}
k_{n}=\mu_{n} \cos \varphi+\frac{d \varphi}{d s} . \tag{4}
\end{equation*}
$$

Remark. This is a kind of Liouville formula. It must be noticed that when this formula is applied to the boundary of a convex domain containing the point $O, k_{n}$ and $\mu_{n}$ are both negative.

Proof. We have that

$$
\begin{aligned}
& n=\cos \varphi \cdot \partial / \partial_{t}-\sin \varphi \cdot X \\
& Y=\cos \varphi \cdot X+\sin \varphi \cdot \partial / \partial_{t}
\end{aligned}
$$

Hence

$$
k_{n}=\sin \varphi\left\langle\nabla_{\partial / \partial_{t}} Y, n\right\rangle+\cos \varphi\left\langle\nabla_{X} Y, n\right\rangle .
$$

A straightforward calculation shows that the first term vanishes. Let us decompose the second term.

$$
\begin{aligned}
\left\langle\nabla_{X} Y, n\right\rangle= & \cos \varphi\left\langle\nabla_{X} \cos \varphi X, \partial / \partial_{t}\right\rangle-\sin \varphi\left\langle\nabla_{X} \cos \varphi X, X\right\rangle \\
& +\cos \varphi\left\langle\nabla_{X} \sin \varphi \partial / \partial_{t}, \partial / \partial_{t}\right\rangle-\sin \varphi\left\langle\nabla_{X} \sin \varphi \partial / \partial_{t}, X\right\rangle .
\end{aligned}
$$

But

$$
\left\langle\nabla_{X} \cos \varphi X, \partial / \partial_{t}\right\rangle=\cos \varphi\left\langle\nabla_{X} X, \partial / \partial_{t}\right\rangle=\mu_{n} \cos \varphi
$$

with $\mu_{n}$ the normal curvature in the direction $X$ of the $n$-dimensional sphere centered in $O$ with radius $\rho$.

$$
\begin{aligned}
& \left\langle\nabla_{X} \cos \varphi X, X\right\rangle=-X(\varphi) \sin \varphi, \\
& \left\langle\nabla_{X} \sin \varphi \partial / \partial_{t}, \partial / \partial_{t}\right\rangle=X(\varphi) \cos \varphi,
\end{aligned}
$$

and

$$
\left\langle\nabla_{X} \sin \varphi \partial / \partial_{t}, X\right\rangle=-\mu_{n} \sin \varphi
$$

Therefore we obtain

$$
\begin{equation*}
k_{n}=\mu_{n} \cos \varphi+X(\varphi) \cos \varphi . \tag{5}
\end{equation*}
$$

Using that $X=Y / \cos \varphi+(\tan \varphi) \partial / \partial_{t}$ we obtain

$$
\begin{equation*}
k_{n}=\mu_{n} \cos \varphi+Y(\varphi) . \tag{6}
\end{equation*}
$$

But differentiation in direction $Y$ of $\varphi$ is the derivative with respect the arc parameter of the integral curve of $Y$ by $P$. This finishes the proof.

## 4. Lower bound for $\cos \varphi=\left\langle n, \partial / \partial_{\boldsymbol{t}}\right\rangle$

In this section we shall study the angle $\varphi$ between the radial direction and the normal direction to the hypersurface. We divide the proof in the regular and the non-regular case.

### 4.1. Regular case

We shall prove the following
Theorem 1. Let $M$ be a $(n+1)$-dimensional Hadamard manifold with sectional curvature $K$ such that $-k_{2}^{2} \leqslant K \leqslant-k_{1}^{2}$ with $k_{1}, k_{2}>0$. Let $\Omega$ be a $\lambda$-convex domain with $C^{2}$ boundary $N$, $\lambda<k_{2}$ and $O$ an interior point of $\Omega$. If $\varphi$ denotes the angle of the normal to $N$ and the exterior radial direction, when $d(O, N) \leqslant\left(1 / k_{2}\right) \operatorname{arctanh}\left(\lambda / k_{2}\right)$ we have

$$
\cos \varphi \geqslant \frac{1}{k_{2}} \sqrt{\lambda^{2} \cosh ^{2} k_{2} s-k_{2}^{2} \sinh ^{2} k_{2} s}
$$

If $d(O, \partial N) \geqslant\left(1 / k_{2}\right) \operatorname{arctanh}\left(\lambda / k_{2}\right)$ we have

$$
\cos \varphi \geqslant \frac{\lambda}{k_{2}}
$$

We start studying what happens in the hyperbolic space.
Lemma 4.1 ([2]). Let $\gamma$ be a $\lambda$-geodesic line in the Lobachevsky plane of constant curvature $-k^{2}$. Let $O$ be a point in the convex side of $\gamma$. Let $r$ be the distance between $\gamma$ and $O$. For each point in $\gamma$ we define $\beta$ as the angle between the radial field from $O$ and the outwards normal field of $\gamma$. If

$$
r<d:=\frac{1}{k} \operatorname{arctanh} \frac{\lambda}{k} \quad\left(=\log \sqrt{\frac{k+\lambda}{k-\lambda}}\right)
$$

then

$$
\begin{equation*}
\cos \beta \geqslant \frac{2 \sqrt{\rho(\lambda-k \rho)(k-\lambda \rho)}}{k\left(1-\rho^{2}\right)} \tag{7}
\end{equation*}
$$

where $\rho=\tanh \frac{1}{2} k r$. Alternatively, if $r \geqslant d$ then

$$
\begin{equation*}
\cos \beta \geqslant \frac{\lambda}{k} . \tag{8}
\end{equation*}
$$

Remark. The estimate (7) can be given in the following equivalent form

$$
\begin{equation*}
\cos \beta \geqslant \frac{1}{k} \sqrt{\lambda^{2} \cosh ^{2} k s-k^{2} \sinh ^{2} k s} \tag{9}
\end{equation*}
$$

where $s=d-r$.
We shall see now in a synthetic way a new proof of those expressions. Assume that we are in the conformal Poincaré disk model and that $O$ is the origin. We can also suppose that $\gamma$ is the intersection with the disk of a circle $C$ centered at $Q=(0, q)$ with $q<0$. Now, at any point $P \in \gamma, \beta$ is the angle $\widehat{Q P O}$. Consider the curves defined as the locus of the point from which $O Q$ is in a given angle. It is known that these level curves are arcs of circles joining $O$ and $Q$. Two of such arcs are tangent to $C$. Thus, the maximum of $\widehat{Q P O}$ for $P \in C$ is attained when $P$ is one of these tangency points. That is, when $\widehat{P O Q}=\pi / 2$.


Fig. 3.

Now, by definition $\gamma$ is the equidistant curve at distance $d$ to some geodesic $\sigma$. If $r<d$ then $O$ is in the region bounded by $\gamma$ and $\sigma$. So, $\gamma$ meets the boundary of the model at points with negative second coordinate. Thus, the points $P \in C$ where $\widehat{Q P O}$ is maximum are in $\gamma$. Then, the maximum of $\beta$ is also attained in $P$. If $O^{\prime}$ and $P^{\prime}$ are the points in $\sigma$ at minimum distance, respectively, from $O$ and $P$, then $O^{\prime} O P P^{\prime}$ is a quadrilateral with three right angles and an acute angle equal to $\beta$. Using a hyperbolic trigonometric formula for quadrilaterals (cf. [7]),

$$
\sin \beta=\frac{\cosh k \overline{O O^{\prime}}}{\cosh k \overline{P P^{\prime}}}
$$

From this we obtain easily the expression (9). A straightforward computation shows that it is equivalent to (7).

In the case that $r \geqslant d$, the points $P \in C$ with the greatest angle $\widehat{Q P O}$ are outside the disk. Then, at every point of $\gamma, \beta$ is less than the angle between the $\lambda$-geodesic and the boundary of the disk and this angle has cosine $\lambda / k$.

Proof of Theorem 1. Let $\gamma$ be an integral curve of the field $Y=\operatorname{grad}_{N} \rho$ through a point $P$ of the boundary. Following $\gamma$ in the direction that $\rho$ decreases we arrive at a point $Q$ (maybe at infinite time of the parameter). In this point $Y=0$, hence $\varphi=0$. Let $d(O, Q)=d(\geqslant d(O, N))$. If $d^{\prime}=d(O, P)$ we can parametrize the segment of $\gamma$ between $P$ and $Q$ with the distance $t \in\left(d, d^{\prime}\right]$ of $O$ to the corresponding point in the segment. If $s$ is the arc parameter we have by Lemma 3.1

$$
k_{n}(\gamma(t))=\cos \varphi(\gamma(t)) \mu_{n}(\gamma(t))+\frac{d \varphi}{d t} \frac{d t}{d s}
$$

but

$$
\frac{d t}{d s}=\frac{Y}{\|Y\|}(\rho)=\frac{\left\langle\operatorname{grad}_{N} \rho, \operatorname{grad}_{N} \rho\right\rangle}{\left\|\operatorname{grad}_{N} \rho\right\|}=\sin \varphi
$$

As $N$ is $\lambda$-convex and using the comparison formula (3) we have

$$
\begin{equation*}
-\lambda \geqslant-k_{2} \operatorname{coth}\left(k_{2} \cdot t\right) \cos \varphi+\sin \varphi \frac{d \varphi}{d t} \tag{10}
\end{equation*}
$$

Now consider in $\mathbb{H}^{2}\left(-k_{2}^{2}\right)$ an arbitrary $\lambda$-geodesic line $\bar{\gamma}$ and a point $\bar{Q}$ in it. Consider an orthogonal geodesic from $\bar{Q}$ to a point $\bar{O}$ at distance $d$ from $\bar{Q}$. In $\bar{\gamma}$ consider a point $\bar{P}$ at distance $d^{\prime}=d(O, P)$ from $\bar{O}$. We have the same situation as before, but now in the hyperbolic plane of constant curvature $-k_{2}^{2}$. If $\beta$ is the angle between the normal to $\bar{\gamma}$ in the direction of the ray vector from $\bar{O}$ and this ray vector, we have the exact formula

$$
\begin{equation*}
-\lambda=-k_{2} \operatorname{coth}\left(k_{2} \cdot t\right) \cos \beta+\sin \beta \frac{d \beta}{d t} \tag{11}
\end{equation*}
$$

where $t$ is again the distance from $\bar{O}$ to the corresponding point in $\bar{\gamma}$ (see Figure 4).


Fig. 4.
Suppose that $\gamma(t)>\beta(t)$. As $\gamma(d)=\beta(d)=0$ we must have $\gamma^{\prime}>\beta^{\prime}$ at some point. From equations (10) and (11) we deduce

$$
\begin{aligned}
-k_{2} \operatorname{coth}\left(k_{2} \cdot t\right) \cos \beta+\sin \beta \frac{d \beta}{d t} & \geqslant-k_{2} \operatorname{coth}\left(k_{2} \cdot t\right) \cos \varphi+\sin \varphi \frac{d \varphi}{d t} \\
& >-k_{2} \operatorname{coth}\left(k_{2} \cdot t\right) \cos \beta+\sin \beta \frac{d \beta}{d t}
\end{aligned}
$$

which is a contradiction. Therefore we must have $\varphi \leqslant \beta$, hence $\cos \varphi(t) \geqslant \cos \beta(t)$ and the bound follows.

It is possible to prove in an easier way a less strong result
Proposition 4.1. Let $M$ be a Hadamard manifold with sectional curvature $-k_{2}^{2} \leqslant K \leqslant-k_{1}^{2}$. Suppose $\Omega$ be a $C^{2} \lambda$-convex set with $\lambda<k_{2}$ and $\partial \Omega$ a connected boundary component. Let $O$ be a point in the interior of $\Omega$. Then the angle $\varphi$ between geodesic rays from $O$ and the unit normal to $\partial \Omega$ satisfies the inequality

$$
\cos \varphi \geqslant \frac{\lambda}{k_{2}} \tanh \left(k_{2} r\right)
$$

where $r$ is the minimum distance from $O$ to $\partial \Omega$.
Proof. Note that the field $\operatorname{grad}_{N} \rho$ is zero if and only if $\cos \varphi=1$ and in this case $\partial / \partial t=\operatorname{grad} F$.
The angle $\varphi$ takes its value in the interval $[0, \pi / 2]$ then there is a supremum $\varphi_{0}$ of it. Consider any integral curve $\gamma$ of $Y /\|Y\|$. If at some point $\gamma\left(s_{0}\right)$ the value $\varphi_{0}$ is achieved we have in this point that $\varphi^{\prime}=0$ and so

$$
\cos \varphi=\frac{k_{n}}{\mu_{n}}
$$

concluding that

$$
\begin{equation*}
\cos \varphi \geqslant \frac{\lambda}{k_{2} \operatorname{coth}\left(k_{2} \rho_{o}\right)} . \tag{12}
\end{equation*}
$$

If the maximum value is not achieved we have two different possibilities, there exists a value $s_{0}$ such that $\varphi(\gamma(s))$ increases when $s>s_{0}$, in this case $\varphi^{\prime}>0$ and then $\left(-k_{n}\right) \cos \varphi \geqslant-\mu_{n}$, it follows (12) again. The other case is that $\varphi(\gamma(s))$ goes to $\varphi_{0}$ in a non-monotone way, in this case there is a increasing sequence $s_{n}$ such that $\varphi^{\prime}\left(\gamma\left(s_{n}\right)\right)=0$ and $\varphi\left(\gamma\left(s_{n}\right)\right) \rightarrow \varphi_{0}$. Again we obtain (12).

### 4.2. Non-regular case

Now we shall consider a general $\lambda$-convex domain $\Omega$. Let $N_{\epsilon}$ be the outer parallel set at distance $\epsilon$ to $N=\partial \Omega$. Then it is a general fact that $N_{\epsilon}$ is of class of regularity $C^{1,1}$. When $N$ is $\lambda$-convex, $N_{\epsilon}$ is $\lambda_{\epsilon}$-convex with $\lambda_{\epsilon} \geqslant \lambda-C \epsilon$. It is true also that

$$
\lim _{\epsilon \rightarrow 0} N_{\epsilon}=N, \quad \lim _{\epsilon \rightarrow 0} \varphi_{\epsilon}=\varphi
$$

Here $\varphi$ corresponds to the angle of the normal of the limit supporting tangent plane with the radial direction $\partial / \partial t$ (see Figure 5).

If we found a bound for $\varphi_{\epsilon}$ then we will obtain an evaluation for $\varphi$. Now we consider the gradient of the distance function for $N_{\epsilon}$, this field has integral curves of class of regularity $C^{1,1}$. In fact in almost all points the class is $C^{2}$. Therefore the function $\varphi_{\epsilon}(t)$ giving the angle is $C^{1}$ in those points. Applying Proposition 3.1 to $\varphi_{\epsilon}$ and using that

$$
\begin{equation*}
\varphi(s)=\varphi\left(s_{0}\right)+\int_{s_{0}}^{s} \frac{d \varphi}{d s} d t \tag{13}
\end{equation*}
$$

we obtain that the same evaluation for $\cos \varphi$ as in the regular case is valid now. Taking limits with respect to $\epsilon$ we obtain the proof of Theorem 1 for the general case.

## 5. Estimates for the ratio of volumes

First of all we state the following lemma (see for instance [3]).

Lemma 5.1. Suppose that on the geodesic line $\gamma:[0, s] \rightarrow M$ of a manifold $M$ there are no conjugate points to $\gamma(0)$ and at every point of $\gamma$ all the sectional curvatures $K_{\sigma}$ are bounded by

$$
k_{2} \leqslant K_{\sigma} \leqslant k_{1} .
$$

Then, for $t<s$

$$
\frac{J_{k_{2}}(t)}{J_{k_{2}}(s)} \leqslant \frac{J(t)}{J(s)} \leqslant \frac{J_{k_{1}}(t)}{J_{k_{1}}(s)}
$$

where $J(t)$ and $J_{k}(t)$ denote the jacobians at the points corresponding to $\gamma(t)$ by the exponential maps of $M$ and of the space with constant curvature $k$, respectively.


Fig. 5.
Theorem 2. Let $M$ be a $(n+1)$-dimensional Hadamard manifold with sectional curvature $K$ such that

$$
-k_{2}^{2} \leqslant K \leqslant-k_{1}^{2}, \quad k_{1}, k_{2}>0
$$

Let $\Omega$ be a compact $\lambda$-convex domain in $M$. Then if $\lambda<k_{2}$

$$
f(r) \cdot C(r) \frac{\lambda}{k_{2}} \leqslant \frac{\operatorname{vol}(\Omega)}{\operatorname{vol}(\partial \Omega)} \leqslant h(R)
$$

where $r$ is the inradius of $\Omega, R$ is the circumradius,

$$
\begin{aligned}
& f(r):=\frac{1}{\left(1-e^{-2 k_{2} r}\right)^{n}}\left[\frac{1}{k_{2} n}\left(1-\mathrm{e}^{-k_{2} n r}\right)-\frac{n}{k_{2}(n-2)}\left(\mathrm{e}^{-2 k_{2} r}-\mathrm{e}^{-k_{2} n r}\right)\right] \\
& h(R):=\frac{1}{k_{1} n}\left(1-\mathrm{e}^{-k_{1} n R}\right)
\end{aligned}
$$

and

$$
C(r):= \begin{cases}\frac{1}{k_{2}} \sqrt{\lambda^{2} \cosh ^{2} k_{2} s-k_{2}^{2} \sinh ^{2} k_{2} s} & \text { if } r \leqslant \frac{1}{k_{2}} \operatorname{arctanh} \frac{\lambda}{k_{2}} \\ 1 & \text { if } r>\frac{1}{k_{2}} \operatorname{arctanh} \frac{\lambda}{k_{2}}\end{cases}
$$

Proof. Let $O$ be any point interior to $\Omega$. Consider the exponential map in $O$, exp : $T_{O} M \rightarrow M$. For each unitary vector $u \in T_{O} M$ we define $l(u)$ as the positive real number such that

$$
\exp (l(u) u) \in \partial \Omega
$$

Let $r$ and $R$ be respectively the minimum and the maximum of $l$. Let $A=\left\{\left(u, t \in S^{n} \times \mathbb{R}\right.\right.$; $0<t \leqslant l(u)\}$. Identifying $S^{n} \times \mathbb{R}$ with $T_{O} M-\{O\}$ we have $\Omega=\exp (A)$. Hence

$$
\operatorname{vol}(\Omega)=\int_{\Omega} \eta=\int_{\exp (A)} \eta=\int_{A} \exp ^{*} \eta=\int_{S^{n}} \int_{0}^{l(u)} J(\exp ) t^{n} \mathrm{~d} t \mathrm{~d} S
$$

where $\eta$ and $\mathrm{d} S$ are, respectively, the volume elements of $M$ and $S^{n}$.
Analogously, if we define $\phi: S^{n} \longrightarrow \partial \Omega$ by $\phi(u)=\exp (l(u)) u$, then

$$
\operatorname{vol}(\partial \Omega)=\int_{\partial \Omega} \mu=\int_{\phi\left(S^{n}\right)} \mu=\int_{S n} \phi^{*} \mu=\int_{S^{n}} \operatorname{Jac}_{u}(\phi) \mathrm{d} S
$$

where $\mu$ is the volume element of $\partial \Omega$. Now, we compute the jacobian of $\phi$ at a point $u \in S^{n}$. Let $e_{1}, \ldots, e_{n}$ be an orthonormal basis of $T_{u} S^{n}$. By definition, we have

$$
\mathrm{Jac}_{u}(\phi)=\mu\left(\phi_{*} e_{1}, \ldots, \phi_{*} e_{n}\right)=\eta\left(N, \phi_{*} e_{1}, \ldots, \phi_{*} e_{n}\right)
$$

where $N$ is orthogonal to $\partial \Omega$. If $\partial_{t}$ is the radial field from $O$, we can write

$$
\operatorname{Jac}_{u}(\phi)=\eta\left(\frac{\partial_{t}}{\left\langle\partial_{t}, N\right\rangle}, \phi_{*} e_{1}, \ldots, \phi_{*} e_{n}\right) .
$$

Now, $\phi_{*}\left(e_{i}\right)=\exp _{*}\left(\mathrm{~d} l\left(e_{i}\right) u+l(u) e_{i}\right)$, so

$$
\begin{aligned}
\operatorname{Jac}_{u}(\phi) & =\frac{1}{\left\langle\partial_{t}, N\right\rangle} \eta\left(\left\langle\partial_{t}, N\right\rangle, \exp _{*}\left(l(u) e_{1}\right), \ldots, \exp _{*}\left(l(u) e_{n}\right)\right) \\
& =\frac{l^{n}(u)}{\left\langle\partial_{t}, N\right\rangle} \eta\left(\exp ^{*}(u), \exp _{*}\left(l(u) e_{1}\right), \ldots, \exp _{*}\left(l(u) e_{n}\right)\right) \\
& =\frac{l^{n}(u)}{\left\langle\partial_{t}, N\right\rangle} \operatorname{Jac}_{l(u) u}(\exp ) .
\end{aligned}
$$

Therefore,

$$
\frac{\operatorname{vol}(\Omega)}{\operatorname{vol}(\partial \Omega)}=\frac{\int_{S^{n}} \int_{0}^{l(u)} \operatorname{Jac}_{l(u) u}(\exp ) t^{n} \mathrm{~d} t \mathrm{~d} S}{\int_{S^{n}} \frac{l^{n}(u)}{\left\langle\partial_{t}, N\right\rangle} \operatorname{Jac}_{l(u) u}(\exp ) \mathrm{d} S}
$$

Setting

$$
g(u)=\int_{0}^{l(u)} \frac{\mathrm{Jac}_{t u}(\exp ) t^{n}}{\mathrm{Jac}_{l(u) u}(\exp ) l(u)^{n}} \mathrm{~d} t
$$

we can write

$$
\operatorname{vol}(\Omega)=\int_{S^{n}} g(u) l(u)^{n} \operatorname{Jac}_{l(u) u}(\exp ) \mathrm{d} S .
$$

Now, from Lemma 5.1, comparing with the spaces of constant curvature $-k_{1}^{2}$ and $-k_{2}^{2}$ we can state that

$$
\frac{\mathrm{Jac}_{t u}\left(\exp ^{-k_{2}^{2}}\right)}{\mathrm{Jac}_{s u}\left(\exp ^{-k_{2}^{2}}\right)} \leqslant \frac{\mathrm{Jac}_{t u}(\exp )}{\mathrm{Jac}_{s u}(\exp )} \leqslant \frac{\mathrm{Jac}_{t u}\left(\exp ^{-k_{1}^{2}}\right)}{\mathrm{Jac}_{s u}\left(\exp ^{-k_{1}^{2}}\right)} \quad \text { for } t<s
$$

where $\exp ^{-k_{i}^{2}}$ denotes the exponential map at any point of the space of curvature $-k_{i}^{2}$. It is known that $\mathrm{Jac}_{t u}\left(\exp ^{-k_{i}^{2}}\right)=\left(\left(1 / k_{i}\right) \sinh k_{i} t\right)^{n} t^{-n}$. Hence

$$
\int_{0}^{l(u)} \frac{\left(\sinh k_{2} t\right)^{n}}{\left(\sinh k_{2} s\right)^{n}} \mathrm{~d} t \leqslant g(u) \leqslant \int_{0}^{l(u)} \frac{\left(\sinh k_{1} t\right)^{n}}{\left(\sinh k_{1} s\right)^{n}} \mathrm{~d} t
$$

We can estimate the first integral by using the fact that $(1-a)^{n} \geqslant 1-n a$ for $0 \leqslant a \leqslant 1$.

$$
\begin{aligned}
\int_{0}^{s} \frac{\sinh \left(k_{2} t\right)^{n}}{\sinh \left(k_{2} s\right)^{n}} \mathrm{~d} t & =\frac{1}{\left(1-e^{-2 k_{2} s}\right)^{n}} \int_{0}^{s}\left(1-\mathrm{e}^{-2 k_{2} t}\right)^{n} \mathrm{e}^{k_{2} n(t-s)} \mathrm{d} t \\
& \geqslant \frac{1}{\left(1-e^{-2 k_{2} s}\right)^{n}} \int_{0}^{s}\left(1-n \mathrm{e}^{-2 k_{2} t}\right) \mathrm{e}^{k_{2} n(t-s)} \mathrm{d} t \\
& =\frac{1}{\left(1-e^{-2 k_{2} s}\right)^{n}}\left[\frac{1}{k_{2} n}\left(1-\mathrm{e}^{-k_{2} n s}\right)-\frac{n}{k_{2}(n-2)}\left(\mathrm{e}^{-2 k_{2} s}-\mathrm{e}^{-k_{2} n s}\right)\right] \\
& =: f(s)
\end{aligned}
$$

On the other hand,

$$
\int_{0}^{s} \frac{\sinh \left(k_{1} t\right)^{n}}{\sinh \left(k_{1} s\right)^{n}} \mathrm{~d} t \leqslant \int_{0}^{s} \mathrm{e}^{k_{1} n(t-s)} \mathrm{d} t=\frac{1}{k_{1} n}\left(1-\mathrm{e}^{-k_{1} n s}\right)=: h(s) .
$$

Therefore, since $r \leqslant l(u) \leqslant R$ for every $u \in S^{n}$,

$$
f(r) \int_{S^{n}} l(u)^{n} \operatorname{Jac}_{l(u) u}(\exp ) \mathrm{d} S \leqslant \operatorname{vol}(\Omega) \leqslant h(R) \int_{S^{n}} l(u)^{n} \operatorname{Jac}_{l(u) u}(\exp ) \mathrm{d} S .
$$

Finally, using Theorem 1, we find that

$$
f(r) \cdot C(r) \frac{\lambda}{k_{2}} \leqslant \frac{\operatorname{vol}(\Omega)}{\operatorname{vol}(\partial \Omega)} \leqslant h(R) .
$$

Now, choosing $O$ to be the incenter and the circumcenter of $\Omega$, we have proved the two inequalities with $r$ and $R$ the inradius and the circumradius respectively.

Note that the theorem would be true, with the same proof, if $r$ and $R$ were the radius of any geodesic ball contained and containing, respectively, $\Omega$.

Now, we get the main result of the paper
Theorem 3. Let $M$ be a $(n+1)$-dimensional Hadamard manifold with sectional curvature $K$ such that

$$
-k_{2}^{2} \leqslant K \leqslant-k_{1}^{2}, \quad k_{1}, k_{2}>0
$$

Let $\{\Omega(t)\}_{t \in \mathbb{R}^{+}}$be a family of $\lambda$-convex compact domains expanding over the whole space. Then, if $\lambda \leqslant k_{2}$

$$
\frac{\lambda}{n k_{2}^{2}} \leqslant \liminf \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leqslant \lim \sup \frac{\operatorname{vol}(\Omega(t))}{\operatorname{vol}(\partial \Omega(t))} \leqslant \frac{1}{n k_{1}}
$$

Proof. Since $\Omega(t)$ expands over the whole hyperbolic space, $r$ and $R$ go to infinity. Then $h(R)$ goes to $1 / n k_{1}$ and $f(r)$ goes to $1 / n k_{2}$. When $\lambda=k_{2}$ the domains are $h$-convex and the inequality follows from [2].

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